



• About La Rocca •

Inspired by the enduring charm of a 16th-century Italian fortress, LaRocca brings a modern interpretation of Italy's rich culinary heritage to life.

Our story began with a family's passion for Italian culture, lifestyle, and cuisine—a love of authentic flavours that inspired the creation of a welcoming neighbourhood restaurant. Like the fortress that inspired its name, LaRocca stands as a tribute to tradition, bringing timeless recipes to the table with carefully selected, high-quality ingredients.

Through the sights, sounds, and aromas of Italy, we invite you to savour the pleasure of good food, warm hospitality, and moments shared with those you love.

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The LaRocca Family

la bella vita
the beautiful life



La Rocca Ristorante & Pizzeria

• ANTIPASTI •

starters

Suppli ai Funghi 🥛🌾🥚 6.5
Risotto balls filled with mushroom and mozzarella, pesto drops, balsamic glaze, served with home-made pomodoro sauce

Gamberi Dorati 🌾🥚🦐 7.0
Seared king prawns, fried shrimp rolls, served with sweet chili sauce

Caprese 🥛🌾🥚 7.5
Fresh burrata cheese, grilled sourdough, datterini tomatoes, basil, pesto, balsamic caviar

Nero al Tartufo 🥛🌾🥚 6.5
Truffle-infused black risotto balls, truffle cheese, balsamic glaze, served with truffle Alburro sauce

• ZUPPE •

soups

Zuppa Di Funghi 🥛🌾 5.0
Cream of wild shimegi and button mushrooms, croutons

Zuppa Cremosa al Pomodoro 🥛🌾 4.5
Cream of tomato, thyme, basil, croutons

• INSALATE •

salads

Insalata La Rocca 🥛🥚 7.0
Mixed leaves, green apples, pomegranate, dates, walnuts, parmigiano shavings, La Rocca dressing

Insalata di Frutti di Bosco 🥛 7.0
Rocket leaves, berries, Parmigiano shavings, strawberry vinaigrette dressing

Insalata di Quinoa 🥛🌾 7.0
Mixed leaves, quinoa, datterini tomatoes, parmigiano shavings, balsamic pomegranate molasses dressing



• PIZZE •

Pizzas

Neapolitana 🥛🌾🥚 8.0
Fresh mozzarella, marinara base, pesto drops, basil leaves

Margherita 🥛🌾 7.0
Mozzarella, marinara base, datterini tomatoes, basil leaves

Funghi E Tartufo 🥛🌾 9.0
Mushrooms, ill burro white truffle base, mozzarella, truffle paste

Pepperoni 🥛🌾 8.0
Pepperoni, mozzarella, marinara base
Add: honey and chilli flakes (La Piccante) 8.5

Vegetariana 🥛🌾🥚 7.0
Seasonal vegetables, mozzarella, marinara base, ranch sauce

Our dough is stretched by hand
and is slowly proved for 36 hours



Please inform your Ambassador about any allergies or intolerances.
Please note that we don't offer Vegan dietary options.

🥛 Dairy 🌾 Gluten 🥚 Contains nuts 🦐 Crustaceans / seafood 🥚 Egg

All prices are in BHD and inclusive of VAT

• PASTE •

pastas

Gnocchi Al Pesto 🌿 🥛 🌾 🥚 8.5
Homemade potato gnocchi pasta, basil pesto, parmigiano, pine nuts, basil leaves

Cappellini ai Gamberi 🥛 🌾 9.0
Pan-seared shrimps, Cappellini pasta, creamy garlic lemon sauce

Formaggi Tuscan Ravioli 🥛 🌾 🥚 8.5
Homemade formaggi ravioli, creamy garlic sauce, parmigiano, oven-dried tomatoes, chili flakes, baby spinach

Alla Mamma Rosa 🥛 🌾 7.5
Rigatoni pasta, parmigiano, pomodoro & il borro sauce, basil

La Lasagna 🥛 🌾 🥚 9.0
Homemade pasta sheets, bolognese al ragu, béchamel, parmigiano

Penne all' Arrabbiata 🌾 6.5
Penne pasta, arrabbiata sauce, chili flakes, basil

Please note that all of our homemade pastas contain eggs and gluten and many pasta dishes contain dairy.

• RISOTTI •

risottos

Risotto Funghi E Tartufo 🥛 🌾 9.0
Creamy mushroom risotto, sautéed mushrooms, white truffle oil, Parmigiano

Risotto ai Gamberi col Pomodoro 🌿 🥛 🌾 9.0
Creamy pomodoro risotto, pan-seared prawns, parmigiano

• CONTORNI •

side dishes

Patate Fritte 🥛 🌾 3.0

Patate Fritte al Tartufo 🥛 🌾 4.5

Grilled Vegetables 🌿 4.0
Grilled seasonal vegetables, parmigiano shavings

Patate al Forno 🥛 4.5
Oven-roasted baby potatoes, parmigiano, herb garlic sauce

• CARNE, POLLAME, E PESCE •

meats, poultry and fish

Brasato di Manzo 🥛 🌾 12.0
Slow-braised beef short ribs, creamy mashed potato, beef jus reduction, roasted datterini tomatoes

Bistecca Angus 🥛 🌾 20.0
300g flame-grilled striploin steak, baked potatoes, pepper mushroom sauce

Burger Gourmet 🥛 🌾 🥚 9.0
150g Wagyu beef in brioche, melted mozzarella, balsamic onions and pepper mushroom sauce, served with loaded fries

Orange Pollo 🥛 🌾 9.0
Orange-glazed grilled chicken breast, mashed potato, butter-braised carrots, orange butter sauce

Puttanesca Seabass 🌿 🥛 13.0
Oven-roasted seabass (300g), puttanesca sauce, citrus zest and dill, served with baby potatoes and saffron risotto

Gamberi Provenzale 🥛 🌾 🌿 12.0
Seared prawns, roasted garlic, datterini tomatoes, basil, parmesan & dill oil, served with garlic baguette.



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La Roca
RISTORANTE

DOLCI

• DOLCI •

desserts

LaRocca Tiramisu 🥛 🌾 🥚 7.0

Mascarpone, savoiardi biscuits, Italian meringue, espresso coffee, cocoa powder

Crème Bruleé 🥛 🌾 🥚 6.0

Fresh vanilla beans, french custard, caramelized brown sugar, berries

Ciocolato 🥛 🌾 🍫 6.5

Rich chocolate moist cake, fresh berry, milk chocolate ganache

Torta di Formaggio 🥛 🌾 🍫 🥚 6.0

Baked cheesecake, fresh berries, served with a choice of chocolate sauce or berry compote

Torta Limone & Mirtillo 🥛 🌾 🥚 8.0

Vanilla sponge, blueberry compote, lemon chantilly cream (250gm)

Fragola 🥛 🌾 🥚 8.0

Fresh strawberry, vanilla sponge cake, chantilly cream (250 gm)



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• GELATO • ARTIGIANALE Fatto in Casa

Gelato della Casa 3.5

Choice of homemade gelato: Sicilian Pistachio, Limoncello, Blueberry Cheesecake, Cioccolato, Waffle Biscuit

Le Quattro Torri 6.5

Four flavours of homemade gelato: Sicilian Pistachio, Limoncello, Blueberry Cheesecake & Cioccolato, Waffle Biscuit. Made to Share

Tiramisu Affogato Sphere 7.0

Cioccolato gelato, mascarpone cream, savoiardi crumble inside a cocoa chocolate sphere, finished tableside with espresso

Amalfi Lemon Cloud 6.5

Limoncello and vanilla gelato in a white chocolate shell, toasted meringue, candied lemon and limoncello syrup

Affogato Classico 4.5

Choice of homemade gelato: Sicilian Pistachio, Vanilla, Cioccolato, served with double shot of espresso



All items on this menu contain dairy, gluten, nuts and eggs.
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Dairy



Gluten



Contains nuts



Egg

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